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# The Secret Of Secrets: The Secret Of The Golden Flower



## Synopsis

This series of talks is on one of the most esoteric treatises in the world. It will show you the way to become more than the body and the way to bloom - how not to remain a seed but to become a golden flower. What, in India, they call the one thousand-petalled lotus, in China they call the golden flower. It is a symbol that represents perfection, totality. Moreover, the flower represents the actualization of the potential - the beauty, the grandeur, the splendor of being. This treatise, *The Secret of Secrets: The Secret of the Golden Flower*, is very ancient, possibly one of the most ancient treatises in the world - at least 25 centuries old. But 25 centuries can be traced back very easily. And this treatise is also, uniquely, a great synthesis of all the great religions. The Bible belongs to the Christians, the Talmud belongs to the Jews, the Vedas belong to the Hindus, the Dhammapada to the Buddhists, the Tao Te Ching to the Taoists. But this small book, *The Secret of Secrets: The Secret of the Golden Flower*, belongs to no one in particular, or it belongs to all. It is heavily based on Taoist teachings, a flowering of the Taoist approach to life and existence. But it is not only that. Zarathustra has played a role; his teachings are incorporated within it. Buddhist teachings have also been integrated, and a certain esoteric school of Christians, the Nestorians, have played their part. It is one of the most synthetical approaches. These 31 talks will introduce you to a world of consciousness, meditation, and a transformative space - it's a pure joy to listen to Osho.

## Book Information

Audible Audio Edition

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## Customer Reviews

I am not a HUGE reader of Osho by any means, but I find that about once a year I am grabbed by some of his works/teachings and quickly find myself enjoying the wisdom and real life

applications. You get a chapter of his teachings, and then a chapter of questions asked by his students and answered by Him, off and on throughout the whole book. I particularly enjoyed the question and answer chapters, because he answers such a wide variety of questions, from students asking about clarifications, or opinions from osho of what happens to us when we die. To a student outright saying that what he is teaching is all Bull&^%. Which osho handles in his typical no nonsense candor. Osho has a large following and the fact that he does not ascribe to one religious tradition, but yet draws from them all even the abrahamic, and spins wisdom from such a vast point of view, I find his point of views and teachings to be constantly a breath of fresh air. This being said though, there are some things which Osho states within most his works, which you may find offensive, and at times he does contradict himself. Which he openly admits throughout this work, and the ones of his which I have read. But this side of things is saved by the times he really hits the nail on the head. From those I have talked to about osho, it seems that many either love him or hate him. I have heard many say that they could not follow his style of writing, and it is a bit, strange, but this is also because all of his books are verbal lessons which have been put into writing. So the text reads like someone speaking to you directly, which is how these lessons were originally given. Though I have always found that after reading the first 20 or 30 pages this disorientation with the writing goes away and you get used to it! If you are just starting out with Osho, I would suggest you start with a shorter bit of work from him, because this book is dense both in page count and in topic. But not so dense, that if you are feeling brave you won't understand what he is talking about. But I would suggest being familiar with at least one of his other, shorter works first; you will get a lot more out of this wonderful book! The only reason why I didn't give it 5 stars, was that it was a bit long, I know some of you are going, "Come on this is Osho we are talking about here, the man gave thousands of hours of lectures and Q&A's" and I agree, and I don't know how you would pair this down, quite honestly, I don't think it should be, but it got to be a bit of a labor in the last 100 pages or so to finish. Overall a wonderful book and great wisdom from a one of a kind, and marvelous teacher. As far as my recommendation of starting with his "smaller" works, you will find on , that many of his books have (OSHO Classics, or OSHO Life essentials) after the initial title, any of these books which may peak your interest would be a good place to first familiarize yourself with his teachings! Great book! I highly recommend it!

I am enjoying the book so far. It is rare in the current era to hear such an authentic voice and read the real thing. He had his special ways to look at things. I read the Chinese Secret of the Golden Flower and I knew it was a meditation guide book. Osho had extended the idea and expanded it. I

like his ideas. The only thing I am a little frustrated is that this book is too long and I felt it would take forever to finish reading it. All in all, it is a good book!

This book was recommended by my taiji teacher, who doesn't recommend very many books (4 in 10 years). I've been a student of taoism, zen, yoga, and meditation for over 20 years, and this is an excellent synthesis of the wisdom of these paths. I wish I had found it decades ago, if I could have understood it, I might not have taken so long to value the teachings as I do today.

OSHO is Great!

Sheds light on "The Secret of the Golden Flower."

Amazing book I love it

Great resource book.

I've always loved Osho, but this book is a must read for Buddhist practitioners. Better than all of his other books, which I loved. You can't get enough of this book, and there's a lot to get enough of . . . it's huge. Another insight around every corner. I LOVE THIS!

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